

HealthSpaFelix

7 nights - from £400.00 pp

- Day 1** Depart from London Heathrow - British Airways 09:45 - 15:00*
Transfer from Otopeni Airport to Bucharest
Dinner suggested at Herastrau restaurant (not included)
Transfer to Gara de Nord - 22:50 depart for Oradea - arrive 09:30
- Day 2** Breakfast. Medical test for recommended curing procedure
Wellness/Healthy/Slim procedure & lunch
Dinner and overnight stay in 3* hotel: Termal, Nufarul
- Day 3, 4, 5 & 6** Breakfast. Wellness/Healthy/Slim procedure & lunch
Dinner and overnight stay in 3* hotel: Termal, Nufarul
- Day 7** Breakfast. Free time. Lunch in local restaurant (not included)
Transfer to station - depart for Bucharest 20:50 - arrive 08:00
- Day 8** Transfer to Herastrau Hotel - breakfast and free morning
Lunch suggested at Herastrau Hotel (not included)
Transfer to Otopeni Airport British Airways 15:50 - 17:15

*Flights are not included (BA flights are around £180 return)
For flight transfer from Bucharest to Oradea instead of train please add
£40 per person. Single supplement £20 per day

All costs are per person and based on 2 people sharing a room
Price includes accommodation & full board in Felix Spa, 1 medical test,
20 treatment procedures and use of swimming pool and fitness room.



Hotel Nufarul Bedroom



Hotel Termal Swimming Pool



Hotel Nufarul Restaurant

The largest health resort of Romania, Baile Felix, is located in the north-west of the country, in a hilly region covered by forest, at an altitude of 140 m. In the centre of the resort there is a park with a thermal lake where *Nymphaea lotus thermalis*, a very rare water lily species grows. Therapeutic recommendations for: inflammatory rheumatic diseases, degenerative rheumatic affections, rheumatic affections and post trauma effects.

Treatments: thermal mineral water baths, kinetic therapy, electrotherapy, hydrotherapy, paraffin packing, solarium, sauna, massage, aerosols and fitness room. Resort entertainment: indoor and outdoor swimming pools with thermal water, sport grounds, cinema, discos.
Natural factors: thermal mineral water (32-49° C), bicarbonate, rich in sulphur, calcium and sodium, local therapeutic mud, calming bio climate.

Hotel 3*Nufarul: Rooms: 70 doubles, 6 singles, 2 suites, direct phone, cable TV and balcony (some rooms)

Facilities: restaurant, bar, summer terrace and conference facilities

Treatment: spa, indoor swimming pool, outdoor swimming pool, sauna, Jacuzzi, massage & beauty centre

Hotel 3*Termal: Rooms: 114 doubles, 58 singles, 6 suites, direct phone, cable TV and balcony

Facilities: restaurant, bar, summer terrace and conference facilities

Treatment: spa, indoor swimming pool, outdoor swimming pool, hairdresser's, lobby shop, sauna, Jacuzzi, massage, fitness room & beauty centre